

Bower Hill Lunch Menu

August 2019

Follow Ace and his friends as they travel around the world to a new location each month!



Watch as they practice fun activities and learn healthy habits!







ACE

LUCY

MARCUS

ANA

ZACK

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13 Watch each month for our new program called Fuel!



15 Fuel is a one-time limited food promotion!

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No School

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No School

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Welcome Back!

Chicken Soft Tacos Italian Cheese Dunkers All American Chef Salad Chicken Ranch Wrap

Corn Strawberries 22

Pancakes & Sausage **Grilled Cheese** All American Chef Salad Chicken Ranch Wrap

Steamed Broccoli **Applesauce**

23

Sausage/Egg/Cheese Bagel Melt

Chicken Nuggets/Breadstick All American Chef Salad Chicken Ranch Wrap

Green Beans **Diced Peaches**

26

Pizza Sticks & Sauce

Boneless BBQ Wings Grilled Chicken Salad Italian Hoagie

French Fries Mandarin Oranges

Pizza Hut Pizza

Chicken Quesadilla w/ Rice Grilled Chicken Salad Italian Hoagie

BBQ Pinto Beans Diced Pears

28

Nachos Grande

Hot Dog Grilled Chicken Salad Italian Hoagie

Corn Grapes

Waffles & Sausage

Ham & Cheese Melt Grilled Chicken Salad Italian Hoagie

Green Beans Apple Slices

Macaroni & Cheese w/Roll

Chicken Tenders/Roll Grilled Chicken Salad Italian Hoagie

Seasoned Broccoli Diced Peaches

Daily Features:

Grab N Go Flatbread Pizza Kit Yogurt Parfait WG Pretzel/Cheese Stick/Trix Yogurt SunButter & Jelly Sandwich

Apples, Oranges & Bananas

Veggies May Include:

Baby Carrots, Broccoli Florets, Red Pepper Strips, Cucumber Slices, Grape Tomatoes & Celery Sticks

Available Daily:

Fat-Free and 1% white milk as well as Fat-Free flavored milk choices



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